

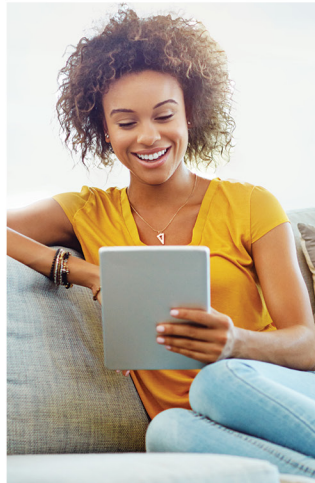


## “WOULD YOU LIKE TO BECOME PREGNANT IN THE NEXT YEAR?”

During your visit, your health care provider will ask you this one key question. Hopefully, it will start a conversation about:

- your plans for the future and your health care needs
- using contraceptives, including long-acting reversible birth control, if you don't want to become pregnant
- if you do want a baby, getting the right health care before you become pregnant

It's one simple question. But it will help you get the health care you need **TODAY** and in the **FUTURE!**



## QUICK FACTS

**51%**

of pregnancies in the U.S. are unplanned, which can lead to delayed health care for both mom and baby

**99%**

effectiveness of long-acting reversible birth control



For more information, visit  
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