

WOMEN AND STDs: STAYING HEALTHY AND SAFE

Sexually transmitted diseases (STDs) can affect women of any age and cause serious health problems. Many times, STDs are “silent” and show no immediate symptoms.

The good news is that most problems can be prevented if you get the right medical care and practice safe sex.

- The only way to avoid an STD is to not have vaginal, anal or oral sex.
- When you do have sex, use a latex condom.
- Only have sex with one partner who does not have other partners.
- Talk to your health care provider about getting checked for STDs and ways to prevent STDs.



DID YOU KNOW...

1 IN 2

sexually active young people will get an STD by the age of 25, and most will not know it.

STDs

can cause miscarriages, premature births, arthritis, blindness, heart attacks and other health problems if left untreated.

CHLAMYDIA

is the most common STD reported in Tarrant County, and 70% of cases are women.

For more information, call **817.321.4800** or visit **STDtesting.tarrantcounty.com**



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**Infant Health
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